

## Steamer Features

Stainless steel construction	
ES5 Series	Top Loading Self Contained or Direct Water Supply Removable Water Pan <b>Tap Water</b> Operation Pump, Push-button or Timed
ES10 Series	Full Sized Food Pan Auto Timer or Optional Push-button Direct Connect to <b>Tap Water</b> Supply Quick Connect
AR Series	Front Opening - Self Contained Water Supply (Distilled Water ONLY) 1/2 or 2/3 Food Pan

## Accessories for Steamers

Increase your efficiency with accessories made just for your steamers.

### Steaming Basket Sets and Steaming Racks:

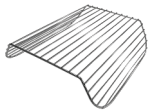
Take full advantage of your EmberGlo Steamer with specially designed stainless steel **Steaming Basket Sets** and Steaming Racks. All sets and racks come with an easy to use removable handle.

Increase your efficiency by dual steaming different items in separate baskets. Freshen or heat up tortillas and pita bread in a **Tortillia Steaming Rack**.



Half Pan Size Basket - 5608-72  
Quarter Pan Size Basket (2 pk) - 5608-73  
3 in One Basket Set (1 Half and 2 Quarters) - 5608-70 (Basket Sets come with a Handle)

Tortilla Rack 5682-60  
(for Tortillas & Pitas)



Demineralizer  
Kit 2090400



**Demineralizer Kit:** Is hard water in your area a problem? Our Demineralizer Kit will soften the water before it is used by your appliance.

**Egg Poacher** A quick and healthy way to serve poached eggs. Comes with an easy to use removable handle.



6-Cup  
Egg Poacher  
2070615

4-Cup  
Egg Poacher  
2070610

# EmberGlo® Steamers

## - Secrets for Great Tasting Food -

Steam cooking is one of the healthiest and quickest ways to cook vegetables while locking in nutrients and intensifying the flavors. It leaves more of the vegetables' natural taste, texture and color intact than any other method of



ES 10  
Full Pan



ES 5  
Half Pan

cooking including microwaving; it seals in more vitamins and minerals than if you would have boiled or baked them; and it requires no added fat. Steaming is the ideal solution for crisp, compact vegetables (potatoes, cauliflower, sweet corn etc.) and some varieties of lean meat and fish. The nutritional benefits you can offer your customers with the advantages of cooking with this ancient technique in the contemporary kitchen are obvious, even to a skeptic.

There are a number of EmberGlo models to choose from; top or front loading; push button, manual pumps or timers; tap water, demineralized or self contained steamers. Try steam cooking once and we think you will be convinced. An EmberGlo Steamer is perfect for commercial kitchens, large or small.



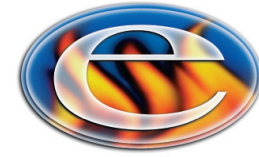
AR 60  
Half Pan

★ MADE in the USA ★



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8474 75S  
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# EmberGlo®

## Food Steamer Cooking Guide

*More than a  
Bun Warmer...*



EmberGlo®  
www.emberglo.com



Quality Designed for Proven Performance

## ... Steamer Cooking Times ...

\* Times will vary based upon load size and preference of finished product

Breads	Refrigerated	Frozen
Bread	1 to 2 shots of steam	2 min
Bagels	1 to 2 min	3 to 4 min
Croissant	15 seconds	
Muffin	1-2 shots of steam	
Pastries	1 to 2 min	3 to 4 min
Tamales	5 min	10 min
Tortillas	1 shot of steam	10 seconds

### Eggs

Soft Boiled	6 min
Poached	3 min
Scrambled (dz)	5 min

### Meat

Bratwurst	8 min	16 min
Breakfast sausage	8 min	14 min
Chicken breast (lg)	15 min	25 to 30 min
Chicken breast (precooked)	5 min	15 min
Deli meats	2 to 3 min	
Hamburger (precooked)	4 min	4 min
Hot dogs	4 min	8 min
Italian sausage	4 min	8 min
Ribs (precooked)	10 min	18 min

*Try steam cooking vegetables, bakery goods, seafoods, meats, poultry, appetizers or desserts then taste and experience for yourself the big difference an EmberGlo steamer can make.*

Noodles and Rice	Refrigerated	Frozen
Macaroni (2 qt. cooked, 1 pt. water, 2 oz. oil)		5 min
Egg Noodles (2 qt. cooked, 1 pt. water, 2 oz. oil)		6 to 7 min
Rice (precooked)	5 min	8 to 10 min
Spaghetti (2 qt. cooked, 1 pt. water)		5 min



# EmberGlo® Steam Cooking Guide

*More than just a  
Bun Warmer ....*

EmberGlo® steamers are the best way to re-thermalize any of your precooked menu items. They produce great results regardless if the food has been grilled, baked, broiled, boiled, or previously steamed. Many Chefs will precook certain bulk menu items such as pasta,



potatoes, meat, or vegetables that take too long to finish while their customer waits. This also allows Chefs to be better prepared for rush periods. An EmberGlo steamer will reheat these precooked menu items from a refrigerated or frozen state and finish them to perfection within minutes without drying them out.

Steamers are also the best option for melting cheese, heating deli meats, and bringing back freshness to tortillas, bread, and buns.

Grilled foods that have cooled can be quickly reheated with steam heat without removing any of the char broiled flavor and juiciness.

★ MADE in the USA ★

## ... Steamer Cooking Times ...

\* Times will vary based upon load size and preference of finished product

Vegetables	Refrigerated	Frozen
Artichokes	25 to 30 min	50 min
Asparagus	10 min	14 min
Brussels sprouts	15 min	18 min
Broccoli	10 min	12 min
Carrots sliced	4 min	8 min
Carrots whole baby (2 lb)	15 to 20 min	
Cauliflower	12 min	16 min
Corn on the cob	3 min	5 min
Fennel	10 min	
Green beans	4 min	8 min
Pea pods	6 min	9 min
Peas	5 min	8 min
Potatoes 8 whole (3 oz each)	20 min	
Potatoes mashed (2 qt)	8 min	
Squash, Acorn 4 (8 oz each)	12 to 20 min	
Squash, Zucchini -sliced frozen (1lb)		10 min

### Seafood

Large clams	4 min	8 min
King crab	8 min	12 min
Snow crab	6 min	10 min
Fish filets	6 min	8 to 10 min
Lobster 8 oz Tails	8 min	14 to 16 min
Lobster Whole 1 lb	10 min	
Lobster Whole 1-1/2 lb	14 min	
Scallops	5 min	8 to 10 min
Shrimp	4 min	6 min

*EmberGlo Steamers cook, warm and re-hydrate most types of food superbly. Food colors brighten, flavors bloom while natural vitamins and nutrients are maintained.*



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